

Musicality of Movement (MoM)

Syllabus for CvA / Conservatorium van Amsterdam

This practical course is based on a physical approach to deepen music interpretation, to increase performing quality in stage, concert and music theatre performance.

The program focuses on how to incorporate physical presence in music practicing and performance, training the musicians in body and spatial awareness, in physical dialogue and feedback through individual, partner and group exercises. We start from discovering and understanding the body / movement and its musicality in relation to breathing, energy, space and time, working on articulation, neutrality and interaction.

Experiencing and exploring is essential in the process.

In the second period improvisation exercises (based on playing music) towards incorporating spatial understanding creates the field for opening up, listening to impulses, filtering information and make instant decision without doubting, building trust.

Musicality of movement – originated in E. Decroux's Corporeal Mime – is also the core issue of contemporary mime, movement and music theatre, further developed and designed as a study program (MoM) for musicians by Virág Dezső. It includes all performing art qualities as clear focus, neutrality, ability to play with switch and transformation, rhythm, energy and intensity, sensitivity and sensuality. The final result shows vulnerable, confident and playful musicians, able to surprise themselves and the spectator by a combination of preciseness and originality.

The course is open to all students with a curious and open mind, with a wish to improve their performing skills. Previous experience in any movement techniques is not required.

Teacher: Virág Dezső

Weekly lesson -1,5 hours / lesson

Semester 1 and 2

Practicum